CASCADE VILLAGE COMMUNITY

| EVENTS AND ACTIVITIES | | | | | | |
|-------------------------------------|------------------------------------|---|---|---------------|---|--|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| 31 Billiards Group 9:00 a.m. | O1 All-Level Yoga 10:00 a.m. | Water Yoga 10:00 a.m. Coffee Hour 10:00 a.m. | Pitness Group 9:00 a.m. Restorative Yoga Hour 10:00 a.m. | Office Closed | O5 First Friday Potluck! Social 4:30 p.m. Dinner 5:00 p.m. Bring a Dish! | O6 Bingo 1:00 p.m. (\$1.00 Entry per card) |
| 07 | 08 | 09 | 10 | 11 | 12 | 13 |

| 08 |
|------------------------------|
| All-Level Yoga 10:00 a.m. |
| |

| 07 | |
|-------------|--|
| Water Yoga | |
| 10:00 a.m. | |
| Coffee Hour | |
| 10:00 a.m. | |
| | |

| Fitness Group 9:00 a.m. Restorative Yoga Hour 10:00 a.m. |
|---|
| 4- |

| n. | 9:00 a.m Water Y 10:00 a.r |
|----|----------------------------------|
| | 18 |

| ness Group 10 a.m. ater Yoga 00 a.m. | P Se 58 |
|---|---------------|
| | |

| 14 |
|-------------|
| Paint & Sip |
| Social |
| 5:00 p.m. |
| |

| 3 |
|---|
| _ |

| Billiards G 9:00 a.m. | roup |
|--------------------------|------|

15 All-Level Yoga 10:00 a.m.

16 Water Yoga 10:00 a.m. Coffee Hour 10:00 a.m.

23

Fitness Group 9:00 a.m. Restorative Yoga Hour 10:00 a.m. Bunco Group 1:00 p.m.

Fitness Group 9:00 a.m. Water Yoga 10:00 a.m.

19 Monthly Soup and Salad Social 4:30 p.m. Dinner 5:00 p.m.

20 Reserved for **Private Event** 11:00 a.m.



14

Billiards Group 9:00 a.m.

22

Water Yoga All-Level Yoga 10:00 a.m. 10:00 a.m. Coffee Hour 10:00 a.m.

24

Fitness Group 9:00 a.m. Restorative Yoga Hour 10:00 a.m. 25

Fitness Group 9:00 a.m. Water Yoga 10:00 a.m.

26

Movie Night Oppenheimer (2023)7:30 p.m.

27

28

Billiards Group 9:00 a.m.

29

All-Level Yoga 10:00 a.m.

30

Water Yoga 10:00 a.m. **Coffee Hour** 10:00 a.m.

31

Fitness Group 9:00 a.m. Restorative Yoga Hour 10:00 a.m.

Fitness Group 9:00 a.m. Water Yoga 10:00 a.m.

02

First Friday Potluck! Social 4:30 p.m. Dinner 5:00 p.m. Bring a Dish!

03

Bingo 1:00 p.m. (\$1.00 Entry per card)



CascadeVillageMHC



Cascade_Village

www.cascadevillageliving.com

541.388.0000 office@cascadevillageliving.com 63700 Cascade Village Drive Bend, OR 97701